

Weekend Backpack Personal Equipment Checklist

No Electronics, Cell phones are to be left in the car
(Target weight: 25lbs dry (no food/water))

Name: _____ Weigh-in Weight _____ Adjusted Weight _____

To Be Worn Leaving Trailhead

- ___ Troop 658 T-Shirt
- ___ Long trousers
- ___ 2 pair socks (1 thin inner & 1 Thick Outer*)
- ___ Waterproof Hiking boots (Lug Sole Preferred)
- ___ Wide brim hat or 658 hat

Backpack Equipment

- ___ Pack with belly band
- ___ Sleeping bag in stuff sack (rated to +20 deg F)
- ___ Closed cell foam pad (Ridge Rest or blue foam)
- ___ 50 ft or 1/8" nylon cord
- ___ Large plastic trash bag (for pack cover)

Eating Gear (Marked with name)

- ___ Spoon and/or fork
- ___ Bowl or cup
- ___ Plastic bowl or 2nd Cup

Shared Gear (see Patrol Leader/Guide)

- ___ Your Share: Food, Pot, & stove
- ___ Your Share: Tent, Rain Fly, Poles & stakes

Toiletry Kit

- ___ Soap & lightweight towel/Shami
- ___ Tooth brush & paste
- ___ ½ roll Toilet Paper
- ___ Sunscreen (SPF 30 min)
- ___ Chapstick or Blistex
- ___ Insect repellent (in summer)
- ___ Orange Shovel
- ___ Hand Sanitizer

Miscellaneous

- ___ Large zip lock bag for trash
- ___ Pad of paper or small spiral notebook
- ___ Pencil or pen
- ___ Duct Tape
- ___ 50' Parachute Cord

Ten Essentials

- ___ 1. Map and Compass
- ___ 2. Extra Clothes (see below)
- ___ 3. Flashlight (Headlamp)
- ___ Spare bulb & batteries (2nd headlamp)
- ___ 4. Sun Protect: Sunglasses (reqd 9K')
- ___ 5. Fire Starter (Fireman Chit only)
- ___ 6. Personal first aid kit
- ___ 7. Pocket Knife (Totem Chit only)
- ___ 8. Trail Snacks
- ___ 9. 2 wide mouth plastic quart bottles
- ___ 10. Rain Gear (see below)

Additional Clothing In Pack

- ___ Warm Jacket* or sweater*
- ___ Poncho with rain pants or full rain suit
- ___ Long sleeved shirt*
- ___ Long or short trousers*
- ___ Undershorts, 1 pair
- ___ Extra socks (1 thin inner & 1 thick outer*)
- ___ Warm cap or ski cap
- ___ Mosquito head net (in summer)

Optional

- ___ Trail Shoes or "Aqua Socks"
- ___ Gloves or mittens
- ___ Winter underwear
- ___ Handbook (leave in car)
- ___ Swim suit
- ___ Peak/Bear Bag (Carry 10 Essentials)
- ___ Bear canister

Trail Lunch

- ___ Trail lunch outbound
- ___ Money for lunch return

Other

- ___
- ___
- ___
- ___

*Synthetic or Wool, No Cotton